

MANDATORY DISCLOSURE STATEMENT

RHM Consulting, LLC

This statement is being provided to you so that you are aware of your rights as a psychotherapy client. This disclosure statement is in compliance with the State of Colorado, Department of Regulatory Agencies, Colorado. Please read this and discuss any questions or concerns you have before signing it.

Name, address, phone, and education:

Rachel H. Meyer, Ph.D., NLC. 2364 Central Park Blvd. Denver, CO, 80238. (216) 533-3170. I have a Ph.D. in Educational Psychology, a concentration in Special Education (2012) from Temple University and a Masters Degree in Community Counseling (2005) from John Carroll University. I am a Registered Psychotherapist with the State of Colorado NLC.0107851.

In compliance with § 12-43-214(1)(b)(I), C.R.S:

- A Registered Psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado, but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- A Certified Addiction Counselor I (CAC I) must be a high school graduate or equivalent, complete required training hours and 1,000 hours of supervised experience.
- A Certified Addiction Counselor II (CAC II) must be a high school graduate or equivalent, complete the CAC I requirements, and obtain additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.
- A Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete CAC II requirements, and complete additional required training hours, 2,000 additional hours of supervised experience, and pass a national exam.
- A Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a national exam.
- A Licensed Social Worker must hold a master's degree from a graduate school of social work and pass an examination in social work.
- A Licensed Clinical Social Worker must hold a master's or doctorate degree from a graduate school of social work, practiced as a social worker for at least two years, and pass an examination in social work.
- A Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- A Licensed Marriage and Family Therapist must hold a master's or doctoral degree in marriage and family counseling, have at least two years post-master's or one year post-doctoral practice, and pass an exam in marriage and family therapy.
- A Licensed Professional Counselor must hold a master's or doctoral degree in professional counseling, have at least two years post-master's or one year postdoctoral practice, and pass an exam in in professional counseling.

- A Licensed Psychologist must hold a doctorate degree in psychology, have one year of post-doctoral supervision, and pass an examination in psychology.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Professions and Occupations. The Board of Registered Psychotherapists can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

Client Rights and Important Information:

You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information. You can seek a second opinion from another therapist or terminate therapy at any time.

In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section.

Generally speaking, the information provided by and to a client during therapy sessions is legally confidential if the therapist is a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent.

Information disclosed to a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates.

There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. Matters regarding your psychotherapy will be kept confidential except in the following circumstances: 1) You sign a release of information giving permission to release information to a specific individual or agency; 2) Intent to harm self or others; 3) Abuse, neglect, or suspected abuse or neglect of children, elderly, or others unable to care for themselves. There are other exceptions that I will identify to you as the situations arise during therapy.

Session Length, Fee Information, Payment Policy and Communication:

Each session will last between 45-50 minutes will time at the end to schedule the next appointment and collect payment.

Psychotherapy: \$120 per hour (in person)

\$100 per hour (virtual)

I accept cash and checks as payment for psychotherapy services. *Payment is due in full either at the beginning or end of each session.* If the session is by phone, the amount of time is calculated and provided at the end of the session. A check in the amount designated for that session is to be mailed as soon as possible following the session. I will pro-rate my session fee for any additional time spent that is outside scheduled or planned session time. I do not accept insurance reimbursement. However, a receipt will be given to you and you may be able to obtain reimbursement from your insurance company according to your plan. All fees are ultimately your responsibility, even if your insurance company fails to reimburse you.

My policy for written reports, phone calls, summaries, consultations, etc. that are requested by you or by an insurance company/social services will also be charged at my hourly fee.

Cancellations:

The time of your scheduled appointment is reserved for you. If you need to cancel your appointment with me, *please do so at least 24 hours in advance* or as close to your appointment as possible, understanding that emergencies do happen. If you fail to notify me and you miss an appointment, you will be charged the session fee. Insurance companies generally do not reimburse for missed appointments.

Emails, Messages and Telephone Calls:

Every effort will be made to return calls within 24 hours, Monday through Friday. You may leave messages for me on my confidential voicemail at (216)-533-3170. A call lasting longer than 30 minutes is subject to a charge at a prorated amount. Emails will be returned within 24-48 hours. If you are in an emergency, do not feel safe, or unable to get in touch with someone you trust, please call 911 or take yourself to the nearest hospital.

Name (printed) _____ Date _____

(Client's parent/guardian if under 18)

Name(signature) _____ Phone number _____

(Client's parent/guardian if under 18)

